

Fall Prevention Program



Assisteo's Fall Prevention Program is designed for those patients with a history of falls and gait disturbances. Our therapists utilize a comprehensive approach that focus on reducing fall risk while performing daily physical activities. A thorough balance assessment and home safety evaluation is completed to provide an individualized plan to address the deficits found. Skilled nursing is available for medication reconciliation to reduce side effects and drug to drug interactions that may contribute to balance impairments. Our goal is to reduce your fears and symptoms to help you function normally in your daily activities.

Our Program Provides:

- Recommendations for home adaptations and modifications
- Proper selection and training of adaptive equipment
- Focus on safe completion of activities of daily living
- Fall prevention
- Gait retraining
- Safety training
- Balance re-education
- Home Exercise Program



Medicare & Joint
Commission Accredited

* Implementation of Assisteo's program resulted in a decrease of hospitalizations due to falls from 10.4% in 2015 to 2.2% by November of 2017

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